

### Phone :907-445-9490 Email:epeterson@openarmsfairbanks.org

## **July News**

We are excited to introduce you to the Open Arms' Angels, a group of dedicated retired seniors who volunteer their time and expertise to support our children. Every week, these compassionate individuals visit our classrooms to provide invaluable assistance in a unique and engaging way.

The Open Arms Angels play a vital role in our ministry, engaging with our children across different classrooms:

Once a week, the Open Arms Angels spend two and half hours in the Pre-K rooms, working with children on interactive games that reinforce key skills in math, reading, and social interaction. These activities are designed to be both educational and entertaining, fostering a love for learning.

The Open Arms Angels also bring their warmth and care to our infant room, where they spend time engaging with the youngest members of our Christian community. Their presence provides invaluable support to the infants, offering gentle interaction that aids in early developmental milestones.

We are incredibly thankful to the Open Arms Angels for their unwavering dedication and the positive impact they have on our students' lives. Their commitment to fostering a nurturing and engaging learning environment is truly inspiring. Dear Families,

Our early childhood workers play an essential role in nurturing and caring for who matters the most—our children. These dedicated individuals have chosen to serve, love, and hold our children, contributing significantly to their growth and well-being.

We kindly ask you to recognize the invaluable work they do. A smile, a kind word, or a simple gesture of gratitude can go a long way in acknowledging their commitment. Please, let us show them the appreciation they deserve, reflecting the same warmth and respect we hope they show our children every day.

Thank you for your understanding and support.



7/ 4/ holiday- center closed 7/5/24 Professional development- center closed While we look with gratitude to the past on this July 4th, may we also look in faith to the future, and commit it and our lives to God and His will.

The ancient words of the Psalmist are still true: "Blessed is the nation whose God is the Lord" (Psalm 33:12).



### **Volunteer Hour Ideas**

• Window washing (indoor/outdoor)

Toy washing (indoor/outdoor)

•Fundraisers and events

Yard maintenance

Backyard clean-up

•Help with professional development days

Playground reconstruction

Classroom help

Window washing

Classroom organizing

Make playdough

•Laundry

Classroom donations

•Parent Committee (talk to Morgan Pohlman)

Sunday church participation

It Takes a Village to Raise a Child.

#### Meals are included in the tuition:

Breakfast is served from 7:45-8:30 Morning snack is from 10:00-10:30 Lunch is from 11:00-12:30 Afternoon snack is from 3:00-3:30 **TUITION** 

Infant -	\$1,450.00
Wobbler-	\$1,300.00
Toddler-	\$1,210.00
Preschool	\$985.00

# **Parenting Tips**

## Healthy Bodies

Here are a few tips to help keep your growing child healthy:

• Eat meals with your child whenever possible. Let your child see you enjoying fruits, vegetables, and whole grains at meals and snacks.

• Your child should eat and drink only a limited amount of food and beverages that contain added sugars, solid fats, or salt.

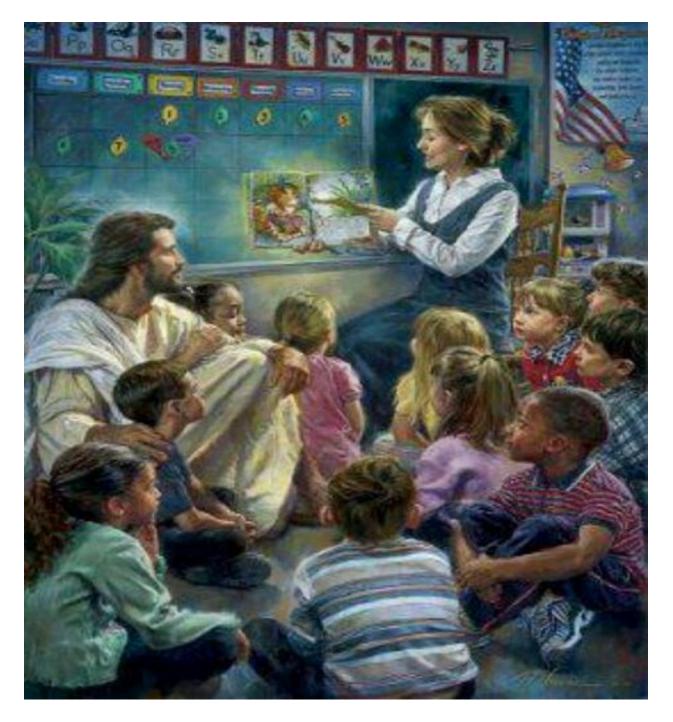
• Provide your child with age-appropriate play equipment, like balls and plastic bats, but let your preschooler choose what to play. This makes moving and being active fun for your preschooler.

Make sure your child gets the <u>recommended amount of</u> <u>sleep</u> each night: 10–13 hours per 24 hours (including naps) for preschoolers 3-5 years.

### **OUR MISSION**

TO PROCLAIM CHRIST'S LOVE TO CHILDREN AND THEIR FAMILIES BY PROVIDING A NURTURING AND EDUCATIONAL LEARNING ENVIRONMENT

Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."



Our preschoolers have been enthusiastically exploring the world of bugs and plants! They've learned about the essential roles bugs play in nature, such as pollination and decomposition. Additionally, they're discovering the parts of plants, how they grow, and what they need to thrive.





### Prek 4 Field Trip



Our Wobbler have been joyfully engaged in a variety of activities! They've been busy building structures, dancing, exploring the outdoors and making friends. Every day is filled with fun and exploration.

